



#### **OBJECTIVES:**

1. Keep the CDS community connected
2. Stand out as leaders in the Independent School market
3. Maintain/Grow our social media following

#### **ACTIONS:**

1. Offer a virtual “after school schedule” for our CDS Community to stay connected through virtual meet-ups, activities, exercise plans, counseling, virtual “challenges”
  - a. These are to be led by students, parents, teachers (optional)
  - b. All of these activities are optional and free
  - c. We will be recording all activities to create a virtual library so that our community can access at any time.
2. Partner with local nursing homes/assisted living facilities to offer Facetime calls with students and residents. Students can showcase their music, art, vocals, reading (lower school), etc. Offer community service hours to our students.
3. Start virtual challenges within our community to use as social media boosts of what our CDS community is doing. (ex: ping pong, soccer, fitness, creative writing, math, etc.)
4. Create a Virtual section on our website that is password protected for the CDS community

#### **RESPONSIBILITIES:**

1. Nicki Ragan to coordinate with Breaking Grounds Faculty Sponsors to determine the club leaders
2. Nicki Ragan to work with division heads and faculty sponsors to determine the best schedule for each activity
3. Choose “Connection Leaders” responsible for developing an activity for their scheduled event time. Faculty Sponsor, Division Head, and Nicki Ragan to approve activities.
4. All activities to be recorded by the leader to be added to a Virtual Activities library after the scheduled time.
5. Zoom reports can be run after each activity to see who participates
6. Nicki to log into each “activity” to take screenshots and use for social media



### **PROPOSED CONNECTIONS:**

Each "Connection Activity" will be a 30-40 minute virtual activity. There will be 5 minutes to set up and have introductions to activity.

### **30-40 minute activities - ALL WILL BE VIRTUAL/ALL WILL BE RECORDED**

- Meditation Moments with Meditation Club
- Coach/Captain led workouts for all teams/sports (Workouts of the Day posts)
- Weight training workouts with Nick
- Virtual Counseling Sessions
- AV League - creating and editing videos
- American Sign Language lessons with ASL club
- Cooking with Grill Club
- Calligraphy Lessons
- Photography lessons using your phone

### **Weekly Challenges**

(challengers would record themselves completing the challenge and it would be submitted to a google folder for sharing. These would be shared on social media)

- Engineering/Robotics/Makers Lab challenge - challenge leveled for divisions
- Investment/Stock Market Club to work together on a "come back from a depression" plan
- Poems of the Day
- Art Challenges
- Video Challenges - Submitted to an online google folder. Nicki to share on social media
  - Ex: ping pong, grilling an entire meal, dance challenges, soccer juggles, exercise challenges, etc. (student-driven)



### **Community Service Opportunities**

- Ambassadors and Patriot Club members to offer evening tutoring sessions (for community service hours)
- Facetime with nursing homes/assisted living facility members
- Math Buddies (10th & 3rd)
- Virtual Grandparents Day

### **Patriot Buddy Activities**

- Bedtime stories with your Patriot Buddies
- Game time
- Exercising with your Patriot Buddy - **April 1st, 2020**

### **Virtual Events/Meetups**

- Virtual Passover Seder with Jewish Forum Club
- Animal therapy meetup (Ms. Diamond and Cash to lead this)
- Grade level meetups (monitored by assistant heads)

### **Logistics**

1. Create a schedule for our community of extracurricular activities
2. Create guidelines for Connection Leaders and attendees
3. Monitor activities and comments
4. Work with Patriot Buddy families to connect them for activities